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# Q&A

## Q&A Session and Discussion on APC Related Competencies

15<sup>th</sup> March 2023

by  
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**PROFESSIONAL PROFILE**  
 Presently I work as a Senior Quantity Surveyor for Khansaheb Civil Engineering . Dubai, the United Arab Emirates. Currently assigned to Mall of The Emirates expansion project, Dubai. With the Academic and Professional Qualifications and Experience gained in my overall 24 years of post- graduate working experience in different built environment professionals and organizations in Sri Lanka and the United Arab Emirates.

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## INTRODUCTION

The following will be covered

- Design Economics and Cost planning by Mr. Dhammika T. Gamage
- construction Technology by Mr. Kingsley Devendra

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## AGENDA

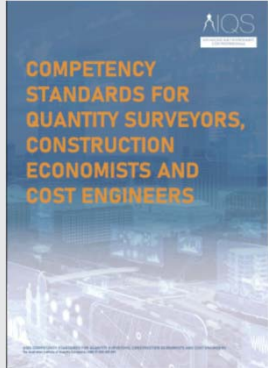
Sl. Nr.	Heading	Minutes	Conducted by
	Introduction		AJ
1	Design Economics and Cost Planning	60	DTG
2	Construction Technology	60	KD
	Q&A		
	Total (Minutes)	120	
	Total (Hours)	2 Hours	

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## Introduction

### AIQS Competency Standards



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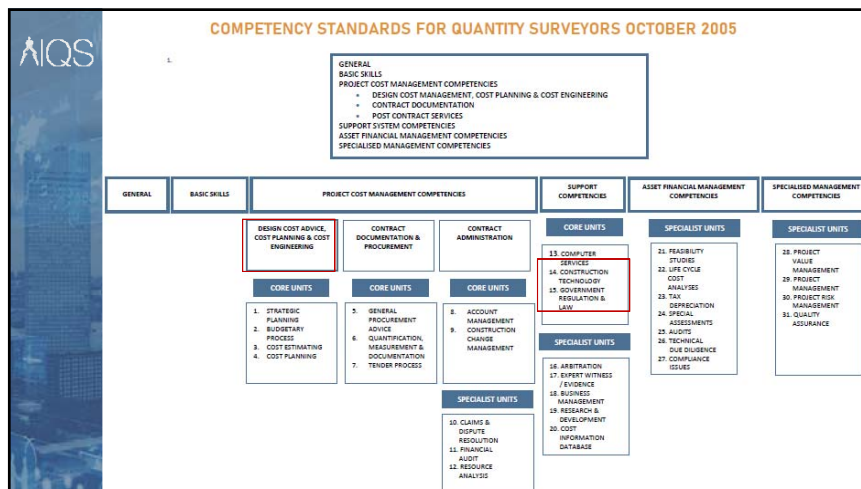
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## Introduction

### AIQS Competency Standards – Definitions

<b>Basic Skills</b>	Skills which need to be acquired during tertiary education and are part of the Core Competencies.
<b>Core Competencies</b>	Required skills of a competent Quantity Surveyor.
<b>Specialist Competencies</b>	Skills gained in areas akin to Quantity Surveying, which may become primary business functions.

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Dubai - UAE

## COST PLANNING AND COST MANAGEMENT IN CONSTRUCTION PROJECTS



**Presented by:**  
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**AGENDA**




01 AIQS COMPETENCIES INTRODUCTION	06 CASE STUDY – COST PLAN
02 PROJECT BRIEF AND DEVELOPMENT	07 POST CONTRACT COST MANAGEMENT
03 PRECONTRACT COST MANAGEMENT	08 COST REPORTS
04 DESIGN COST ADVICE & COST PLANNING	09 CHANGE MANAGEMENT
05 PRETENDER ESTIMATE	CONCLUSION

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**Cost Management**

- Cost management is a living process in the construction industry. It is born at the inception of a project as a concept cost plan, matures into an elemental cost plan, with the assistance of value engineering and risk apportioning, then converts into the engineer's pre-tender estimate. Upon award of the construction contract, post-contract cost management begins.
- This process can never be treated as a post-mortem procedure.

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**PROJECT COST MANAGEMENT COMPETENCIES**

Project cost management involves various cost management and procurement procedures to ensure that **the Client's budget is properly established and maintained.**

**DESIGN COST ADVICE, COST PLANNING AND COST ENGINEERING COMPETENCIES**

Cost management of a project includes establishing the budget and then effectively monitoring and reporting against that budget on a regular basis, cost planning the evolving design, preparing appropriate contract documentation and advising on variations and claims during the progress of the project.

**Additional Range Indicators**



Strategies for gathering data and carrying out research on current construction costs and future predictions	Analysis of data relating to costing, budgeting and cashflows including financial implications of various options	Use of appropriate analysis and evaluation techniques in reporting to the Client	Application of principles of cost management and elemental cost analysis
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**Cost Management**

**PROFESSIONAL CQS SERVICES**

**Pre-Contract Management**

- Client Brief
- Development appraisal
- Viability of Project
- Project evaluation
- Procurement Strategy
- Cost Planning
- Pretender Estimate
- Tendering process

**Dispute resolutions Management**

- Conflicts Avoidance in Pre-contract stage
- Conflicts to Dispute
- Contractual process
- Dispute resolution processes
- ADR (Alternate Dispute resolution ) Methods
- Arbitration
- Litigation

**Post Contracts Management**

- Contract formation
- Contract documentation
- Contract Administration
- Commercial Management
- Change Management
- Post Contract issues
- Variations
- Valuations
- Final account

**Claims Management**

- Contractual provisions
- Claims procedures
- Claims submissions
- Review and analysis
- Evaluation
- Determination
- Negotiations
- Consultations
- Conclusion

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## 01. PROJECT BRIEF AND DEVELOPMENT ?

Preparation of the [project brief](#) is likely to be coordinated by the [lead consultant](#).

"The project brief is the final stage in the process of **defining the client's requirements** for the development of a built asset".


**Development appraisal** involves research into [constraints](#) and opportunities evolving from the location, legal and [planning](#) aspects of potential sites as well as their physical characteristics.

**"A development appraisal is a financial assessment to enable a developer to establish the viability of a project."**

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## 2. Client's requirements ?



**Time** : Time and timing, which are of the essence, with costs and project processes inextricably linked.

**Quality** : Quality goals, which have to be properly defined if they are to be achieved.

**Flexibility** : The need to adapt to changing circumstances and keep projects on track whatever happens.

**Costs** : Effective financial planning and cost management are essential throughout.

**Risks** : Risks, which have to be identified, quantified and managed – and avoided wherever possible.

**Client's wants and needs**

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## 3. Contents of Project brief ?

Preparation of the [project brief](#) is likely to be coordinated by the [lead consultant](#). As well as gathering information about physical requirements, the [briefing process](#) should:

1. Verify the objectives and priorities of the project.
2. Ensure space, time and [budget](#) parameters are aligned with the [client's](#) vision and needs.
3. Ensure expectations are reasonable and attainable.
4. Clarify [client](#) roles and the project [structure](#).
5. Establish how much the [client](#) knows already and their level of experience; do they already have a clear brief?
6. Gather contextual information.
7. Gather user information.
8. Establish the building life span and [flexibility](#) requirements.

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## 04. PRE-CONTRACT COST MANAGEMENT?



Project brief and development appraisal

Design Economics

Cost Advice

Cost Planning Process

Pre-tender estimate

Tendering process and evaluation

Finalization of the Contract award

Cost Plan

Tendering

Contract award

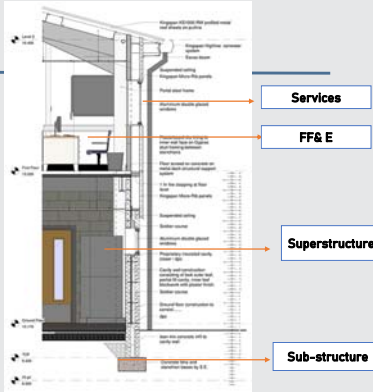
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**05. Elemental Cost planning ? Element ?**

**Few Definitions**

An **element** (for cost analysis/planning purposes) is a major physical part of a building that fulfils a specific function or functions irrespective of its design, specification or construction.


"Elemental cost planning is a system of Cost planning and Cost control, typically for buildings, which enables the cost of a scheme to be monitored during design development."



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**06. What do you include in Elemental Cost planning ?**

Reference: NRM1



COST CENTRE	GROUP ELEMENT/ITEM	COST PRF OF GFA	TOTAL COST OF ELEMENT (TARGET COST)
<b>FACILITATING WORKS AND BUILDING WORKS</b>			
1	Substructure		
2	Superstructure		
3	Internal finishes		
4	Roofs, finishing and equipment		
5	Services		
6	Pre-occupied buildings and building units		
7	Work to existing buildings		
8	External works		
<b>SUB-TOTAL FACILITATING WORKS AND BUILDING WORKS (A)</b>			
9	High contractor's preliminary		
<b>SUB-TOTAL FACILITATING WORKS AND BUILDING WORKS (including high contractor's preliminary) (B) (B = A + 9)</b>			
10	High contractor's overheads and profit (C)		
<b>TOTAL BUILDING WORKS ESTIMATE (B) (B = C + D)</b>			
<b>PROJECT DESIGN TEAM FEES AND OTHER DEVELOPMENT/INSTRUMENTAL</b>			
11	Project/Design team fees (F)		
12	Other development/instrumental costs (G)		
<b>TOTAL PROJECT/DESIGN TEAM FEES AND OTHER DEVELOPMENT/INSTRUMENTAL COSTS ESTIMATE (H) (H = F + G)</b>			
<b>RISK COST ESTIMATE (I) (I = H + J)</b>			
<b>TOTAL RISK ALLOWANCE ESTIMATE (J) (J = I + K)</b>			
<b>COST LIMIT (including VAT assessment) (L) (L = J + K + L)</b>			
<b>VAT ASSESSMENT</b>			

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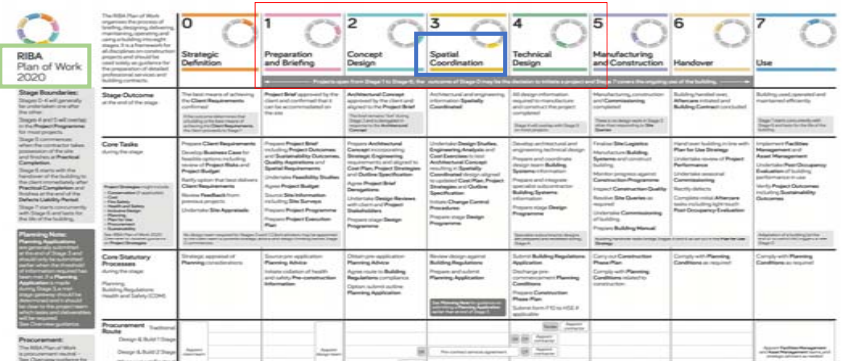
**Cost Plan Format Elements breakdown**

**07. RIBA- 2020 PLAN OF WORK ?**



- Agree appointments with the professional team
- Develop a brief with the client
- Create concept designs options
- Coordinate the design
- Prepare a planning application
- Apply for planning consent
- Develop a set of construction information
- Prepare a tender
- Obtain consents required prior to construction
- Award a Building Contract
- Construct the building
- Inspect the construction as it progresses
- Hand over the building.

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The RIBA Plan of Work published by the RIBA in 2020 defines **spatial requirements** as: 'A schedule of rooms and/or spaces that will achieve the Client Requirements. The **Spatial Requirements** for the building as a whole are set at Stage 0 (strategic definition).

a **spatially coordinated design** is a 'Design in which the client's **Spatial Requirements** and the spaces required for any Building Systems – such as structural and building services engineering aspects, including grids, risers and plant rooms – have been determined and fixed to allow Stage 4 to progress

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### Cost Plan Strategy

The **Cost Plan** represents the anticipated construction cost of the building and, as such, it represents only a portion of the **Project Budget**. The **Cost Plan** used to be prepared at the end of Stage 2 or Stage 3. At the outset, the **Cost Plan** can be based on industry norms for similar building types adjusted to take account of market conditions, project abnormalities, Project Risks and contingencies. As design information is developed, an elemental **Cost Plan** is prepared. Essentially, this breaks down the cost for the building into the different **Building Systems**.

Figure 2: Example Project Programme for each stage of the RIBA Plan of Work 2020

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### 07. Design Economics ?

#### Design Vs Cost

**Design economics** is an understanding of the **economics** associated with the **design** of building.

**Cost Planning** is the technique by which the **budget is allocated** to the **various elements of an intended building project** to provide the design team with a balanced cost framework within which to produce a successful design.

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### 08. Cost Planning process includes ?

**Cost plans** are generally prepared by **cost consultants** (often **quantity surveyors**). They evolve through the life of the project, developing in detail and accuracy based on the nature of the design, and then actual **prices** are provided by **specialist contractors, contractors** and **suppliers**. They range from very early **initial cost appraisals** through to **tender pricing documents**.

Cost Planning Process
• Client's requirements
• Quantification process
• Standard Method of measurements
• Pricing methods
• Rates database
• Assumptions
• Exclusions
• Inclusions
• Marked-up drawings /List
• Contingencies
• Risk Register
• Control of documents and distributions
• Revisions
• Value Engineering options
• Design Economics options
• Revised Cost Plans
• Comparative Cost Plan
• Bench Marking
• BCIS/NRM Cost Analysis.

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### 09. Structure your Cost Plan ?

Executive summary

Outline of key risks

Assumptions

Exclusions

Information Used / Cost datum

Details

Area schedule

**TIP:** Include a set of Marked up drawings

**Elemental cost planning** is a system of **Cost planning** and **Cost control**, typically for buildings, which enables the **cost** of a scheme to be monitored during design development.

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## 10. Preparation of BOQ in Cost Planning Process ?

List of drawings

Specifications

Standard Method of measurements

Exclusions

Information Used

Details

Other schedules ( BBS, Cost breakdown etc., )

Preambles

The Bill of Quantities (sometimes referred to as 'BoQ' or 'BQ') is a document prepared by the cost consultant (often a quantity surveyor) that provides project specific measured quantities of the items of work identified by the drawings and specifications in the tender documentation.

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## 11. What do you measure ?

### Measurement

- Traditional measure / BIM
- Focus on areas with greatest value
- Focus on areas that take longest to measure
- **TIP:** Think about what is **not** on the drawings
  - Plant rooms
  - Building maintenance unit
- **TIP:** Think outside the box
  - If you were an auditor, where would you find gaps in a cost plan?
- Understand your building function
- **Know your stuff!**

### Construction Areas


- GIA, GEA, NIA, NLA - when are they applicable?
- BCIS - all costs expressed against GIA (Definition as RICS Code)
- RICS Code of Measuring Practice - 6<sup>th</sup> Edition August 2007 *"The Code is for use in the UK only"*
- NRM ( New Rules of Measurement )

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## 12. New Rules of Measurement ( NRM ) by RICS ?


The rules have been written to provide a standard set of measurement rules that are understandable by all those involved in a construction project. They provide advice and best practice guidance to RICS members involved in the cost management of construction projects worldwide.



**nrm1**



**nrm2**



**nrm3**

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## 13. Pricing principles ?

### Pricing

- Procurement
- Location
- Size of project
- New build / refurbishment
- Market conditions
- Rates of construction
- Others

### Know your market

- Key materials (steel, rebar etc)
- Procurement from overseas
- Timing of procurement
- Workload of Contractors
- Check Quarterly Market Reviews

**AIQS** 14. Risks?

- **Employer risks**
  - Cash flow restrictions
  - Employer variations
  - Funding
- **Design team risks**
  - Design co-ordination
  - Investigations
  - Lack of design
  - Inappropriate design
- **Procurement risks**
  - Currency fluctuations
  - Design responsibility



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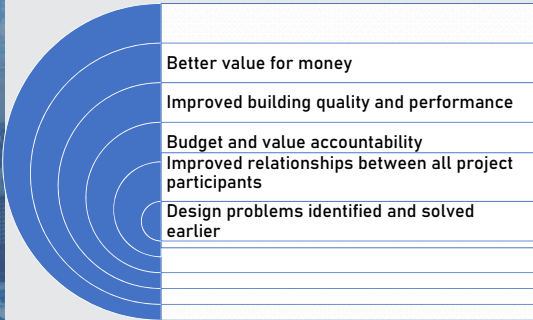
**AIQS** 15. PRETENDER ESTIMATE (PTE)?

The [pre-tender estimate](#) (PTE) is the final [estimate](#) of the likely [cost](#) of the works that are described in completed [tender documents](#) prepared to seek [tenders](#) (offers) from prospective contractors.

1. PTE provides a final comparison with the [budget](#), and along with the [cash flow estimate](#) enables the [client](#) to confirm that sufficient funds are available before committing to seeking [tenders](#).
2. PTE also gives a basis for assessing and comparing [tenders](#) when they are returned. If the [pre-tender estimate](#) exceeds the approved [budget](#), an explanation should be provided for the [client](#) to consider and issue instructions.
3. PTE ensures that the [tenders](#) are easily compared with one another and with the [pre-tender estimate](#), and any anomalies or potential savings identified.

The [pre-tender estimate](#) should be prepared following a standard approach to [estimating](#) such as that defined by the [new rules of measurement](#) (NRM).

**AIQS** 16. BENEFITS OF COST PLANNING ?




Better value for money
Improved building quality and performance
Budget and value accountability
Improved relationships between all project participants
Design problems identified and solved earlier

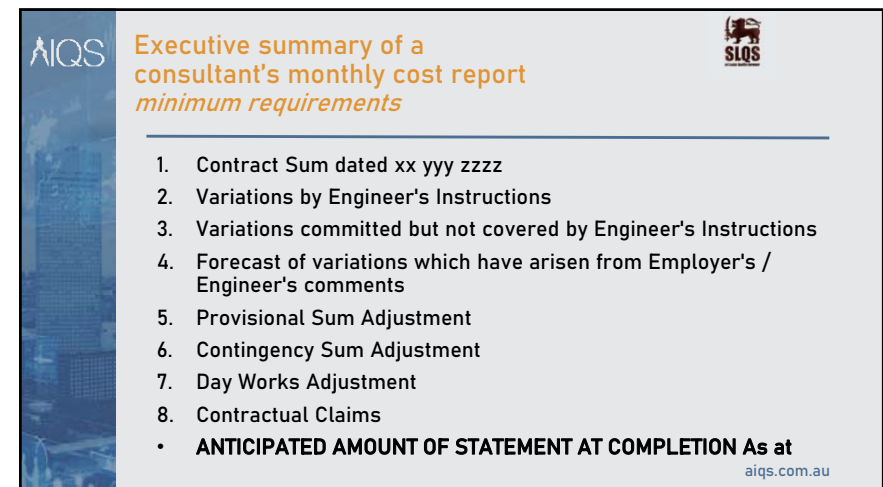
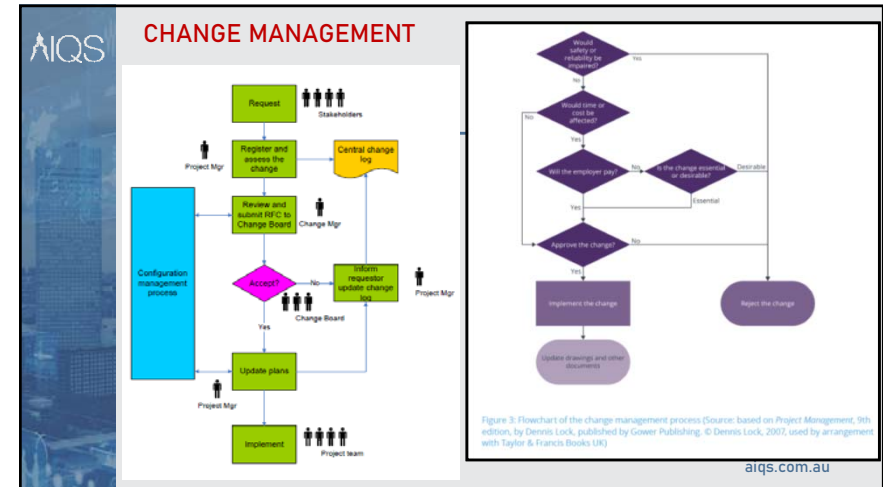
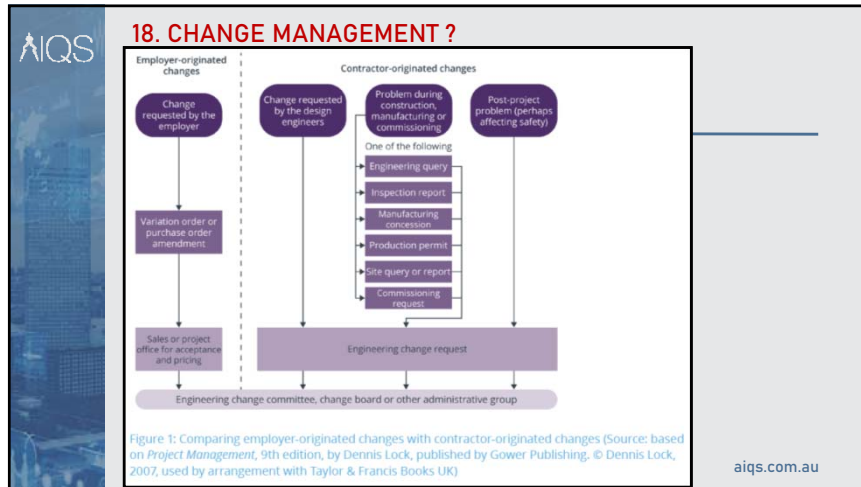
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**AIQS** 17. COST REPORT

**Cost Report – Contents**



Contract Reference
Package name and reference
Budget associated with each contract / package
Contract Price
Instructed variations (agreed / not agreed)
Anticipated variations (forecast)
Claims / EOT
Forecast Out-turn Cost or Cost At Completion
Expenditure summary
Financial Status -Cumulative and for this month



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## Components built within the contract for project cost management

- Project construction programme
- Project cash flow
- Contract notices
- Project progress reports
- Cost proposals and valuation of variations
- Payment application and certification procedure, including release of retention
- Bonds and guarantees, insurances
- Final account procedure
- Contract termination Procedure

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## Any Questions? Please contact

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# THANK YOU

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ADVANCING BUILT ENVIRONMENT  
COST PROFESSIONALS

## CONSTRUCTION TECHNOLOGY



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### COMPETENCY STANDARD UNIT 14 - CONSTRUCTION TECHNOLOGY (CORE UNIT)

ELEMENT	PERFORMANCE CRITERIA
14.1 Acquire knowledge of construction processes, technologies and associated building materials	14.1.1 Knowledge of construction processes and technologies as applied to construction activities and sequencing of activities acquired 14.1.2 Knowledge of source and use of building materials applied in construction activities acquired include testing and assessing techniques 14.1.3 Knowledge of design and installation of building services acquired
14.2 Acquire knowledge of the principals of the science of construction	14.2.1 Knowledge of principles of building science demonstrated, in respect of heat, light and sound 14.2.2 Knowledge of principles of building science in relation to structures demonstrated including analysis, design and stability
14.3 Acquire knowledge of the principles of construction	14.3.1 Knowledge of principles of construction demonstrated including demolition methods, formwork design, erection techniques, plant and equipment and site surveys
14.4 Interpret building documentation	14.4.1 Building plans, specifications, construction codes and regulations interpreted

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### Q1- Explain the Purpose of foundation

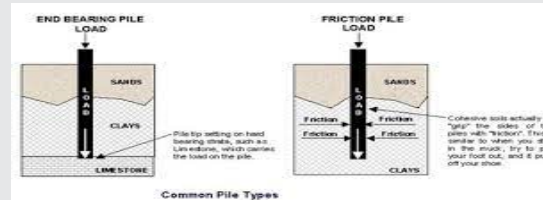
The followings are the purpose of foundation.

- Foundation Provide the support to the Structure
- Transferring the structure load to the ground to avoid any excessive settlement
- Foundation should bear the Load of the Superstructure

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### Q2-Can you explain how end bearing and friction piles transfer the load of the building?

- **End Bearing Piles** – The Bottom of the pile rests on a layer of strong rock or Soil . the load of the building is transferred through the Pile into the strong layer
- **Friction Piles** – The Friction flies works in difference principal ; friction piles develop most of the pile bearing capacity by shear stresses along the side of the piles . the forces are transferred to the soil



Common Pile Types

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### Q3. What are the typical consideration when selecting the type and size of the foundation

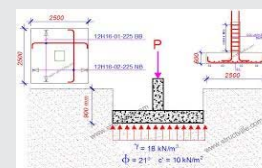
- The following are the key constrain to be considered for selection of the foundations
- The total load of the building
- Nature of the load bearing capacity of the ground
- Type of Structure
- Cost
- Construction Constrain ( for example their proximity to adjacent buildings/ structure )
- Program

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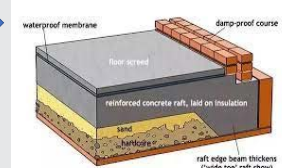
### Q4 – Explain the Key difference in Pad and Raft foundation ?

The Following are the key difference in both foundation

- A Raft Foundation is essentially a continues slab that extended over the entire footprint of the building . The load of the building spreads large area than other foundation
  - Pad foundation are mainly used to support the individual or multiple Column spreading the load to the ground below
- They are usually square or rectangular on plan and can be reinforced or non reinforced



Raft Foundation  
Pad foundation



**Q5. Explain the key considerations when design the external walls**

The Following elements to be considered for design the external walls

- Weather Protection
- Fire Resistance
- Acoustic and Thermal Performance
- Structural Performance
- Appearance and Aesthetics View
- Expected Life Span
- Future Maintenance cost



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**Q6. What are the key factors should be considered when selecting the type of structural Frame ?**

The following are the main factors to be considered for select the structural frames

- Fire Resistance
- Structural Performance
- Expected Life Span
- Future Maintenance
- Erections
- Cost
- Availability of the steel section
- Corrosions



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**Q7- What is the raised access flooring?**

- A floor system sitting on the mechanical / pedestals above the structural slab the system allowed services to be located within the void (usually power and data cable). The abortive work could be avoided when office is re arranging



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**Q8- Explain the typical survey might be required for Building Construction**

- Topographic Survey
- Site Investigation
- Asbestos Survey
- Utility Survey
- Ecology survey
- CBR Test
- Existing condition Survey

Utility Survey



Asbestos Survey



Topographic Survey



CBR Test



Ecology survey

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### Q09- What are the key factors should be considered when design the Internal partitions?

- The Following Elements need to be considered for Design The Internal Partition
- Fire rating and Acoustic requirement
- Requirement of the Doors and internal windows
- Height of the partition
- Material
- Strength and Structural requirement including fixing details
- Cost



### Q10-Explain the Objective of Site Investigation.

- The Determine the Suitability of the Site suitability of the Site for the proposed work and determine adequate economical foundation design
- To determine the potential construction difficulties
- To Determine any soil improvement is required
- To mitigate the impact to the environment
- To determine the any drainage improvement is required

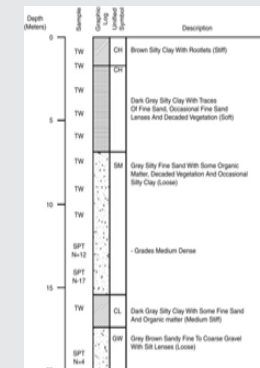
### Q11 – Explain the Key Advantages in timber frame.

- Construction on site Faster ( Compared to In situ concrete Frames )
- Structure is relatively light weight
- Given good aesthetically View



### Q12-What are the outcome of soil investigation

- Type of Soil, rock , made ground , Organic
- Proportion of the sand clay and Silt
- Water table ,
- CBR – California Bearing Ratio which indicates the load bearing capacity of the strata



### Q13- What are the factor to be considered for HVAC system building?

- The following are the main factors to be considered for selecting suitable HVAC System for building.
- Type of the Building
- Cost
- Time
- Available Budget
- Lifetime
- Requirement
- Maintenance and Replacement cost

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### Q14-Explain the Advantages in Busbar system in Highrise building compare to conventional cable system.

The Following are the main Advantages in busbar system

- Speed construction
- Reduce the space for shafts
- Remove the cable tray and ladders
- Any new installation easy and less cost
- Good Asthmatic View
- Voltage Drop is minimum



Busbar System

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### Q15 - What are the soil investigation methods?

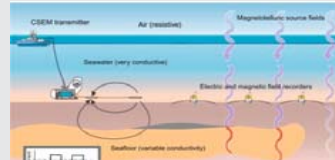
- Direct method - Test pits, Trial Pits and Trenches



Test Pit

- Semi Direct - Drilling and deep boring

- Indirect - Sounding or Penetration tests electromagnetic



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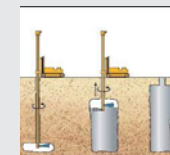
### Q16 - How does soil can be improved?

- The following are the method for Soil Can be improved

- Vibration
- Dynamic compaction
- Jet Grouting
- Soil washing
- Vapor extraction



Dynamic compaction



Jet Grouting



Soil washing



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**Q17-Explain the type of slabs**

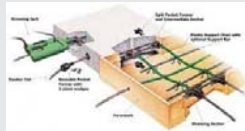
The Following are the slabs commonly use in construction industry

- Flat slabs – reinforced slab supported by the columns and load distribution to throughout the span
- Solid slab – Supported by the beams and columns and load of each spans distributed separately (one way or two ways)
- Waffle slab
- Post-tensioned slab
- Precast slab

Flat slabs



Flat Slab - Types, Uses, Advantages &amp; Disadvantages



Post-tensioned slab



Waffle slab



Precast slab

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**Q18-What are the common type of the ventilation system?**

- Natural – Doors, Windows, Louvers and Grills
- Mechanical ventilation system – Split AC , Window AC , VRF system , Central air conditioning and Package units

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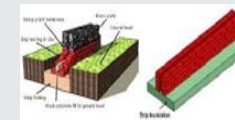
**Q19-Explain the main components of substation?**

- Transformers
- Switchgears
- LV distribution
- Protection system

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**Q20- Explain the type of foundations?**

- Strip foundation
- Trench foundation
- Pad Foundation
- Raft Foundation
- Pile foundation



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### Q21- What's need to be considered for deep basement excavation in city centre area?

The following work items need to be considered in deep basement excavation

- Method of excavation
- Shoring system
- Disposal of the excavated material
- Authority approval
- Deviation of the existing services

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### Q22-When advising difference materials what other factors than cost need to be considered?

- It depend on the material , however commonly included strength , Quality , suitability , Aesthetics , Life Cycle including operation and Maintenance cost

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### Q23-How do you apply the construction Technology Knowledge for preparation of the new rates ?

- If you have in depth knowledge in Construction Technology it will help to build up the accurate unit rate in first principal and help to ;
- Identify the scope of work
- Changes in design
- Understand the change in specification/ Scope
- Method statement
- Calculate the labor productivity
- Sequence of the work and prepare the break down for the material and labour

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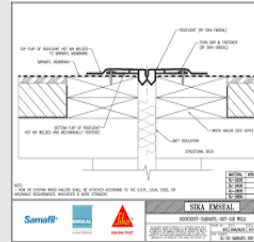
### 24. How do you differentiate the window wall system and Curtain wall system

- There Key difference in both the system and following are key elements
- Window wall system support the floor to floor but Curtain wall system will be supported by the external structure
- Curtain wall system is strong, but window wall system is weaker
- Window wall system is cost effective
- Window wall installation is easy and it can be done from inside the building but heavy machinery is required for install the curtain wall with a structure
- High Possibility to water penetrating through window wall system because gap between slab and window wall
- Maintenance cost is high in curtain wall system
- Curtain wall system has good Asthmatic and Architectural view to building

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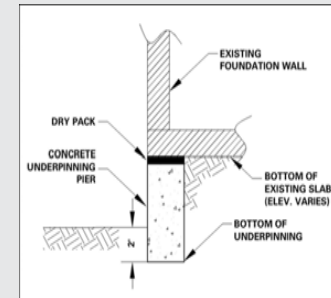
## 25. Can you explain Difference in Expansion Joint and Construction Joint

- There are significant difference in Expansion Joint and Construction joint
- The Expansion joint is shown in the Contract Drawing, Specified in Specification and it is part of the Contract its measured in Contract BOQ as a line item
- The Expansion joint provided for keep tph gap between long span building to avoid the cracks in structure due to movement of the structure
- However the Construction joint is not shown in the drawing and does not specify in the specification. Its specify in the method statement in Concreting works. Concrete is required to stop as emergency situation, heavy rain and problems in concrete supply. In this situation slab casting is stopped and provide the construction joint. No additional cost for it, the contractor may allowed allowance with in the tender price.



## 26. What do you understanding about underpinning

- Underpinning is strengthening and reinforcing an existing foundation of a structure, typically by extending the depth and breadth of the foundation.
- Why it is required
  - The original foundation isn't strong/stable enough to support the existing structure
  - The initial use of the structure has changed, requiring foundational reinforcement
  - The soil is not competent to withstand the weight of the structure
  - Another story is being added to the structure, requiring deeper foundational footings to help support greater load-bearing capacity
  - It is cheaper to repair/reinforce than buy new
  - Seismic activity, drought, flood, or other acts of God have compromised the structure's structural security



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*Thank you for your valuable contribution  
and  
We wish you a very successful APC session  
AIQS UAE Team*

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